



# Weddington Primary School - P.E overview



| Year       | Autumn 1  | Autumn 2                          | Spring 1  | Spring 2                           | Summer 1   | Summer 2   |
|------------|---|-----------------------------------|---|------------------------------------|--|--|
| Reception  | Multi-skills/All About Me - staying healthy/Busy Feet/ Dough Disco<br><br>Rugby Tots - Ball skills, fundamentals/invasion games |                                   | Multi-skills/Traditional Tales<br>Dance<br>Dough Disco<br>Rugby Tots<br>- Run, jump and throw |                                    | Pre-Pedal Bike ability<br>People who help us<br><br>Rugby Tots - Run, jump and throw |  |
| Year One   | Hit, Catch, Run / Multiskills   | Multiskills / Dance               | Striking and Fielding / Gymnastics  | Attack, defend and compete / Dance | Gymnastics / Send and return   | Attack, defend and compete / Run, Jump and Throw |
| Year Two   | Hit, Catch, Run / Multiskills   | Multiskills / Dance               | Striking and Fielding / Gymnastics  | Attack, defend and compete / Dance | Gymnastics / Send and return   | Attack, defend and compete / Run, Jump and Throw |
| Year Three | Swimming<br>Dance / Football  | Swimming<br>Gymnastics / Football | Swimming Indoor<br>Athletics/<br>Basketball   | Swimming<br>Dance/ Tennis          | Swimming<br>Gymnastics / OAA   | Swimming<br>Athletics / Cricket                  |



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|           |                                |                                    |                          |                     |                   |                          |
|-----------|--------------------------------|------------------------------------|--------------------------|---------------------|-------------------|--------------------------|
| Year Four | Gymnastics / Football          | Dance / Football                   | Change4life / Basketball | Gymnastics / Tennis | Dance / OAA       | Athletics / Cricket      |
| Year Five | Health and Wellbeing / Netball | Gymnastics / Netball               | Dance / Hockey           | Gymnastics / Hockey | Rounders / Tennis | Athletics / Orienteering |
| Year Six  | Circuit Training / Netball     | Circuit Training / Danish Rounders | Gymnastics / Hockey      | Athletics / Hockey  | Rounders / Tennis | Dance / PGL residential  |